

Developing a critical mind to make better decisions - ENG

2 jours - 14,00 heures
Programme de formation

Objectifs pédagogiques

Pedagogical objectives

- Becoming aware of the biases that affect our judgement
- Learning to use facts to assess a situation, questioning ourselves and making decisions.
- Knowing how to identify the misleading arguments of those we are dealing with to ensure objective and constructive exchanges
- Understanding the stages involved in rational decision-making, alone or in a group

Compétences visées

- Evaluating situations objectively / Taking a step back
- Challenging yourself to innovate and move forward
- Using decision-making tools, on your own or in a group
- Distinguishing between facts, opinions and feelings in the positions expressed by the people you are dealing with so as to overcome obstacles

Description / Contenu

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Stage 1: What is critical thinking and why is it a key business skill?

- What is critical thinking (to be distinguished from argumentativeness)
- Why develop critical thinking at work (problem-solving, changes, decision-making)

Discussion - Metaplan;

Stage 2: How to develop your critical thinking?

- 5 levers for developing critical thinking
- Being aware of your cognitive biases
- Knowing how to distinguish between Facts/ Opinions/ Feelings

Role plays - Feedback from the trainer and participants

Stage 3: Using critical thinking to overcome obstacles/help the group move forward

- Face-to-face (identifying and overcoming misleading bias)
- In meetings (proposing an objective decision-making methodology)

Role-playing exercises - Collective intelligence tools

Stage 4: Using critical thinking to make decisions

- Identifying typical decision-making behaviours
- Decision-making tools
- The 7 stages of decision-making
- Deciding alone or in a group (strengths and limitations)

Individual and group decision-making exercises

Modalités pédagogiques

Educational format

On site : 1 or 2 days

Remote: 4 x 3,5 hours workshops via Teams, GoogleMeet, Zoom...

Individual coachings if needed



Moyens et supports pédagogiques

Educational resources and supports

- Slide show PPT
- Pedagogical Support
- Videos

Modalités d'évaluation et de suivi

Evaluation and monitoring methods

- Self-positioning by participants on a digital platform shared with the trainer (at the beginning and end of the course)
- Assessment by the trainer at the end of the course
- On-the-spot assessment immediately after the course
- REX - One-hour practice-sharing workshops one or two months after the initial training course
- Post-training assessment one or two months after the course
- Performance questionnaire sent to the customer three months after the course

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